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Active Transportation and Independent Mobility in Children and Adolescents

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Message from the Guest Editor

Dear Colleagues,

Active transportation and independent mobility contribute to the level of physical activity in children and adolescents and are associated with a range of physical and psychosocial health benefits. The accurate measurement of both behaviors is a major challenge to researchers and is often based on a combination of different methods. To improve active transportation and independent mobility effective, intervention strategies drawing on the influencing factors should be developed and carefully evaluated.

The goal of this Special Edition is to provide a wide-reaching snapshot of active transportation research in children and adolescents. Thus, this Special Issue is dedicated to describing existing gaps, as well as the achievements made in active transportation research. Both reviews and original research will be considered for publication. Examples include but are not limited to manuscripts discussing temporal trends, levels, intervention strategies, measurement methods, and health and physical activity outcomes of children's and youth's active transportation and independent mobility behaviors.



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Special Issue



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Message from the Editor-in-Chief

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