

Special Issue

Towards Children's Healthy Growth: Improving Children's Nutrition and Eating Behaviors

Message from the Guest Editors

Nutrition plays a vital role in children's health. Childhood is a time of rapid growth and development with biologic, psychosocial, and emotional changes. These changes place elevated nutritional demands on children. The types of health behaviors; the influences of family and the environment; and cultural, socioeconomic, and psychological factors, can present barriers to healthy eating for children. Nutrition deficits and poor eating habits established in childhood have immediate and long-term adverse health, growth, and developmental consequences that might also be carried into adulthood. This Special Issue of *Children* is focused on children's nutrition, feeding, and eating behaviors, and their relationship to child health outcomes. This Special Issue is designed to document and disseminate original qualitative and/or quantitative research and emerging issues and practices relevant to these issues globally.

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

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