

an Open Access Journal by MDPI

## **Antioxidants and Skin Health**

Guest Editor:

**Prof. Dr. Kouichi Nakagawa** Graduate School of Health Sciences, Hirosaki University, Hirosaki, Japan

Deadline for manuscript submissions:

closed (21 January 2024)

## Message from the Guest Editor

This Special Issue aims at recent research and development on antioxidants and healthy skin. We are covered with one skin, and thus, healthy skin is important issue for a happy life. Generally, there are two important functions of its outermost layer: maintenance of water and a barrier against chemicals, surfactants, and UV irradiation of skin. Antioxidants are also important to reduce damage to skin, such as UV.

We welcome submissions regarding recent advances in dermatological and cosmetic sciences as well as antioxidants related skin. Studies describing new methodologies for skin care and treatment to maintain healthy skin are encouraged for submission to this issue. In addition, studies from the field of food sciences related to a healthy skin are welcome. Comprehensive reviews related to these topics are also very welcome.



