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## Diagnosis and Management of Cardiovascular Disorders

Guest Editors:

### Dr. Michael Genuardi

1. Department of Medicine,  
Perelman School of Medicine at  
the University of Pennsylvania,  
Philadelphia, PA 19123, USA  
2. Division of Cardiology,  
Perelman School of Medicine at  
the University of Pennsylvania,  
Philadelphia, PA 19123, USA

### Dr. Juan Ortega-legaspi

Penn Heart and Vascular Center,  
Perelman Center for Advanced  
Medicine East Pavilion, 2nd Floor,  
3400 Civic Center Boulevard,  
Philadelphia, PA 19104, USA

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### Message from the Guest Editors

Diagnosis and management of cardiovascular diseases are critical for maintaining heart health and preventing complications. Accurate diagnosis involves the use of various tests and examinations to assess the condition of the heart and blood vessels. These tests include electrocardiograms, echocardiograms, stress tests, and cardiac catheterization, which help identify the specific cardiovascular disease and its severity.

In some cases, interventions like angioplasty or bypass surgery may be necessary to restore blood flow to the heart. These procedures aim to open narrowed or blocked arteries and improve overall heart function. Rehabilitation programs are also crucial for supporting patients in recovering from cardiovascular events and maintaining their cardiovascular health.

In conclusion, a comprehensive approach to the diagnosis and management of cardiovascular diseases involves accurate diagnosis, lifestyle modifications, medication, interventions, rehabilitation, and patient education. By implementing these strategies, individuals can effectively manage their cardiovascular health and reduce the risk of complications.



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## Editor-in-Chief

### Prof. Dr. Andreas Kjaer

Department of Clinical  
Physiology, Nuclear Medicine &  
PET National University Hospital,  
Rigshospitalet, University of  
Copenhagen, Blegdamsvej 9, DK-  
2100 Copenhagen, Denmark

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*Diagnostics* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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