



## Diagnosis and Management of Alzheimer's Disease

Guest Editor:

**Prof. Dr. Benedetta Nacmias**

Department of Neuroscience,  
Psychology, Drug Research and  
Child Health, University of  
Florence, Azienda Ospedaliero-  
Universitaria Careggi, Viale  
Pieraccini, 6 - CUBO 3, pad 27 b,  
50139 Florence, Italy

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### Message from the Guest Editor

Dear Colleagues,

Alzheimer's disease is the common cause of dementia. Recent advances in molecular genetics techniques and the role of cerebrospinal fluid biomarkers have improved diagnosis. Causes of dementia can be diagnosed via a multidisciplinary approach with neurologist psychologists, geneticists, laboratory testing, and neuroimaging. Recently enormous research efforts have been undertaken to discover, characterize, and quantify biological markers for AD, especially during the preclinical or prodromal stages of AD so that therapeutic treatment strategies may be initiated.

Through machine learning, it is possible to create a profile of the risk of conversion from mild cognitive impairment to dementia.

Management should include both pharmacologic and nonpharmacologic approaches, although the efficacy of available treatments remains limited. Precision medicine is emerging for the most accurate and definitive prediction, diagnosis, and prognosis of this insidious and lethal brain disorder. This issue will provide updates on these emerging fields.

Prof. Benedetta Nacmias  
*Guest Editor*





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### Prof. Dr. Andreas Kjaer

Department of Clinical  
Physiology, Nuclear Medicine &  
PET National University Hospital,  
Rigshospitalet, University of  
Copenhagen, Blegdamsvej 9, DK-  
2100 Copenhagen, Denmark

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*Diagnostics* Editorial Office  
MDPI, Grosspeteranlage 5  
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