



Lifestyle Sports and Physical Education

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Deadline for manuscript submissions:

closed (30 September 2024)

Message from the Guest Editors

The promotion and implementation of lifestyle sports in Physical Education (PE) is a relatively uncharted area and one that requires further exploration, especially as lifestyle sports have the potential to provide young people with an alternative to traditional mainstream team-based sports.

We invite papers that contribute to and extend the debate surrounding the inclusion of lifestyle sports in PE, at primary (elementary) and/or secondary (high) school level, either by revisiting or rethinking what is currently known about lifestyle sports and applying this to the PE context or by considering new and innovative methods and ways for incorporating lifestyle sports in PE.





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Message from the Editor-in-Chief

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