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## Approaches for Improving Nutritional Aspects of Cereals and Cereal-Based Foods

Guest Editors:

**Dr. Dubravka Novotni**

Laboratory for Cereal Chemistry and Technology, Department of Food Engineering, Faculty of Food Technology and Biotechnology, University of Zagreb, 10000 Zagreb, Croatia

**Dr. Bojana Voučko**

Laboratory for Cereal Chemistry and Technology, Department of Food Engineering, Faculty of Food Technology and Biotechnology, University of Zagreb, 10000 Zagreb, Croatia

**Dr. Nikolina Mustač**

Laboratory for Cereal Chemistry and Technology, Department of Food Engineering, Faculty of Food Technology and Biotechnology, University of Zagreb, 10000 Zagreb, Croatia

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### Message from the Guest Editors

Dear Colleagues,

Cereals are a cornerstone of global food security because they are a staple food and an important source of essential nutrients. However, optimizing the nutritional potential of cereal-based products requires a multifaceted approach that balances the needs of consumers for a healthy diet with the requirements of an attractive and safe product. The exploration of whole grains and underutilized grains, as well as the use of traditional and innovative technologies in the implementation of clean label processes, represent a comprehensive strategy to add value to cereal-based products. This Special Issue presents contemporary and traditional strategies to augment the nutritional profile of cereals and cereal-based products. The topics addressed include but are not limited to synergistic approaches that take into consideration ancient and underutilized grains, sustainable minimal or fortification processing techniques, the use of novel ingredients, and product development for specific dietary needs with consumer preferences in mind. This call to action invites the submission of research articles and reviews.

*Guest Editors*

**Special** Issue



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## Editor-in-Chief

### Prof. Dr. Arun K. Bhunia

1. Department of Food Science,  
Purdue University, West  
Lafayette, IN, USA

2. Department of Comparative  
Pathobiology (Courtesy), Purdue  
University, West Lafayette, IN,  
USA

## Message from the Editor-in-Chief

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## Contact Us

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*Foods* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
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