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Advances in Bioactive Compounds from Food on Human Health

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Message from the Guest Editors

Food bioactive compounds are substances occurring in small concentrations in foods and have emerged as key food components related to healthy status. With the ageing process of population, non-communicable diseases are increasing, and these compounds appear as putative alternatives for disease prevention and therapeutics. However, the potential effects of bioactive compounds depend on the digestion process (including microbiota metabolization), which affects their bioavailability and beneficial effects on health. The current issue will be focused on recent and latest research on the advances regarding bioactive compounds from food on human health. This issue is divided into three main areas: (a) bioactive compounds in chronic diseases, (b) health effects of digestive metabolites from bioactive compounds, (c) tools/technologies to improve health effects of bioactive compounds.

We look forward to receiving your contributions.









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Message from the Editor-in-Chief

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