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Legumes and Cereals: Physicochemical Characterization, Technical Innovation and Nutritional Challenges

Guest Editors:

Dr. Elsayed Abdelaal

Agriculture and Agri-Food
Canada, Guelph Research and
Development Center, Guelph,
ON, Canada

Dr. M. Eugenia Martín Esparza

School of Agricultural
Engineering and Environment,
Universitat Politècnica de
València, Valencia, Spain

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Message from the Guest Editors

Legumes and cereals are rich in proteins and widely consumed around the world. They constitute a valuable source of carbohydrates, proteins, vitamins, phytochemicals and bioactive compounds. Consumer demand for healthful products with beneficial impacts on human nutrition is growing. The intake of legumes and cereals could meet consumers' needs and, at the same time, create the tremendous beneficial effects on human, such as improve the gut microbiota. These beneficial effects have created a growing scientific interest in the role of legume and cereal-enriched foods on the promotion of human health. The special issue focuses on papers advancing original research and review papers at the interface between physicochemical characterization and nutritional challenges of grain products and other aspects such as technical innovation.



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Special Issue



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Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science,
Purdue University, West
Lafayette, IN, USA

2. Department of Comparative
Pathobiology (Courtesy), Purdue
University, West Lafayette, IN,
USA

Message from the Editor-in-Chief

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Contact Us

Foods Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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