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Antimicrobial and Antioxidant Natural Compounds in Foods

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Message from the Guest Editor

The use of herbs for nourishment and cure arises from the beginning of human life on Earth. The development of extraction techniques in the 18th and 19th centuries with the aim of discovering bioactive compounds in plant matrices led to the previous strategy of the use of the whole phytocomplex becoming obsolete. However, in the last thirty years, we have witnessed a progressive revaluation and rediscovery of natural compounds both as phytotherapeutics and as healthy foods. In fact, the analysis of the metabolic compositions of different edible medicinal plants and the study of their biological properties are continuously generating new information about these plants' antioxidant and antimicrobial properties. This Special Issue of Foods aims to collect original contributions on a wide variety of edible medicinal species, both cultivated and growing in the wild, the characterization of which is still incomplete.







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Message from the Editor-in-Chief

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