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Advance in Biological Activities of Functional Food

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Message from the Guest Editors

The search to disclose the biological effects of the several functional foods consumed in human diet as well as that of its constituents, different from the nutritional components, have been the target of countless studies. To accept these foods as functional, their health beneficial claims must be demonstrated, mainly through in vivo studies and with the use of cutting-edge technologies. It is hoped that these studies can pave the way to understand functional foods' claims in order to regulate their human consumption, and the findings may support the development of new functional foods

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Message from the Editor-in-Chief

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