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New Challenges in Nutrition and Safety of Oil and Fat

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Message from the Guest Editors

Dear Colleagues,

The nutrition and safety of oil and fat are currently a social focus. Oil or fat is an important part of our diet, which is a significant source of fatty acids and various trace functional components. Oil or fat plays a vital role in regulating human health. The components in oil or fat are closely related to our nutritional health. Oil and fat nutrition is a priority research area of lipid science.

Moderate processing is the development direction of oil engineering research. Moderate processing not only ensures the safety of oil, but also reduces the loss of healthy and beneficial fat concomitants. Future oil and fat will not only provide basic nutrition, but also give specific health functions to people.

For this reason, this Special Issue of *Foods* is focused on the nutrition and safety of oil and fat due to advanced technologies, special equipment or new cognitions.



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Special Issue



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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