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## Current Research on Vitamin and Mineral Fortification in Foods

Guest Editors:

**Dr. Rikke Andersen**

National Food Institute,  
Technical University of Denmark,  
Lyngby, Denmark

**Dr. Gitte Ravn-Haren**

National Food Institute,  
Technical University of Denmark,  
Lyngby, Denmark

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submissions:

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### Message from the Guest Editors

Vitamin and mineral malnutrition is widespread in industrialised countries, and even more in developing regions of the world. Vitamin and mineral malnutrition causes adverse health effects, and WHO has estimated that micronutrient deficiencies account for about 7% of the global burden of disease. Fortified foods are products, which are added vitamins, minerals or other substances with a nutritional or physiological effect. Food fortification can be a cost-effective and rapid strategy to improve the micronutrient status of a population.

This Special Issue aims to include original research papers and reviews on all aspects of micronutrient food fortification, including trends in micronutrient deficiencies, fortification modelling and monitoring, mandatory vs. voluntary fortification strategies including choice of vehicle, bio-fortification, ADME, potential health effects, safety, cost-benefit analysis and consumer acceptability.

We aim to compile original research papers and reviews from international research groups to provide valuable insights into the present state of the art, challenges, innovative approaches, and risk and benefits of vitamin and mineral food fortification.



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# Special Issue



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## Editor-in-Chief

### **Prof. Dr. Arun K. Bhunia**

1. Department of Food Science,  
Purdue University, West  
Lafayette, IN, USA

2. Department of Comparative  
Pathobiology (Courtesy), Purdue  
University, West Lafayette, IN,  
USA

## Message from the Editor-in-Chief

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*Foods* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
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