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# Plant Food-Derived Bioactive Components: Advances in Health Benefits and Extraction Method

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# **Message from the Guest Editors**

Dear Colleagues,

This Special Issue aims to provide a comprehensive overview of the latest advances in conventional and green extraction technologies and to examine the beneficial activities of plant-based foods and their components, studied through in vitro and in vivo models. Additionally, researchers are encouraged to submit papers reporting protocols for the separation, purification, and structural identification of active ingredients. Chromatographic and spectroscopic techniques are recommended for the identification and quantification of bioactive components.







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# **Editor-in-Chief**

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# Message from the Editor-in-Chief

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