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## Safety and Nutritional Quality of Mediterranean Food and Food Products—2nd Edition

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Deadline for manuscript submissions:

**closed (1 May 2023)**

### Message from the Guest Editors

While focusing on cornerstones such as health and well-being, circularity and sustainability, the Mediterranean diet (MD) has been constantly recreated by communities in response to changes in their environment and history, to better suit the current availability of food supplies, nutritional needs, and eating habits.

Consequently, the pyramid of the Mediterranean eating pattern had to change to adapt to a world where undernutrition and food globalization together impose a significant burden on human health and wellbeing, and constant efforts are required to ensure the human race benefits from this complex network of food-associated habits that began in ancient times as a mixture of lifestyle and culture and which ended up as an emerging medical prescription for human health and a model for preserving the environment and its biodiversity.

Hence, we welcome submissions that emphasize the multidisciplinary evidence of the MD, including those dealing with safety and quality of traditional and novel products; those addressing their nutritional value, in terms of genome, transcriptome, or metabolome of phenotypes; and consumer lifestyles and behaviors related to the MD.



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**Special** Issue



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## Message from the Editor-in-Chief

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