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Towards Healthier and More Sustainable Meat Products: Non-meat Ingredients as Breakthroughs

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Message from the Guest Editors

Sustainable food production is one of the main concerns for consumers, industry and policy makers. In relation to meat products, which are largely present in our diet, a vast improvement of productivity and sustainability is highly desirable. Integration of plant-based ingredients into meat dishes has been proved as a successful and consumer accepted strategy. It has opened the way to a different approach towards the reformulation of healthier and more sustainable meat products: meat substitution with plant-based ingredients. The use of meat extenders — which could be defined as non-meat substances with high protein content that can also modify some of the product's properties — and any other type of strategy that aims to incorporate plant based ingredients as meat replacers, present an opportunity to reduce the meat content while incorporating some healthier ingredients to the final product. The aim of this Special Issue is to gather information about strategies based on the reformulation of more sustainable and healthier meat products based on the utilisation of non-meat ingredients.



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Special Issue



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Message from the Editor-in-Chief

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