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Novel Strategies for the Development of Healthier Meat and Meat Products and Determination of Their Quality Characteristics

Guest Editors:

Dr. Claudia Ruiz-Capillas

Department of Products, Spanish National Research Council, CSIC, Madrid, Spain

Dr. Ana Herrero Herranz

Department of Products, Spanish National Research Council, CSIC, Madrid, Spain

Deadline for manuscript submissions:

closed (25 October 2020)

Message from the Guest Editors

Meat and meat products are an important group of nutritionally rich foods which are very popular and widely accepted. However, their consumption can have some negative consequences on health due to some of their components, such as lipids, salt, and additives, among others. Today, there are new trends and innovations in the design of healthy food, particularly meat products with specific characteristics. Recent advances have been reported in the design and development of new strategies for the production of healthy meat products, based mainly on the removal of unhealthy components and their replacement with a healthy alternative. Reformulation strategies are the most common procedures used in designing new healthy meat products because they represent the fastest way to modify the composition of the final product. These procedures are an option to improve the image of meat and meat products, meet the needs of consumers, and influence and improve bodily functions while still meeting basic nutritional needs. Our aim here is to gather all the new information in this field and include it in this Special Issue.







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Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN, USA 2. Department of Comparative Pathobiology (Courtesy), Purdue University, West Lafayette, IN, USA

Message from the Editor-in-Chief

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