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Prospects for Risks and Benefits in the Context of Food and Health

Guest Editors:

Prof. Dr. Ljilja Torović

1. Department of Pharmacy, Faculty of Medicine, University of Novi Sad, Novi Sad, Serbia
2. Center for Medical and Pharmaceutical Investigations and Quality Control, Faculty of Medicine, University of Novi Sad, Novi Sad, Serbia

Dr. Paula Cristina Alvito

1. Food and Nutrition Department, National Institute of Health Dr. Ricardo Jorge, Lisbon, Portugal
2. Centre for Environmental and Marine Studies (CESAM), University of Aveiro, Aveiro, Portugal

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Message from the Guest Editors

Dear Colleagues,

The primary aim of this Special Issue is to delve into the intricate facets of food such as its role in promoting health and offering hope and opportunities for benefits beyond basic nutrition, as well as simultaneously serving as a potential source of myriad hazards that evoke concern and pose health risks.

The assessment of (emerging) risks associated with chemical factors (such as natural toxins and environmental and processing contaminants) or biological hazards is crucial and must, for risk management to be effective, be grounded in a scientific framework with substance and rigor. The dynamic landscape of innovative approaches aimed at enhancing health, including the potential of food bioactives, novel foods, alternative food sources, and advanced production processes, also introduces new regulatory challenges. This prompts the question: Are our expectations and prospects for safe and healthy food appropriately balanced?

The release of this Special Issue invites recent research and review articles to introduce the topic and provide an overview of its current status and future perspectives.



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Special Issue



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Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science,
Purdue University, West
Lafayette, IN 47907, USA

2. Department of Comparative
Pathobiology, Purdue University,
West Lafayette, IN 47907, USA

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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Contact Us

Foods Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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