



foods



an Open Access Journal by MDPI

Functional Food Used for Regulating Inflammation and Metabolism in Chronic Diseases

Guest Editors:

Dr. Zheng Fei Ma

Centre for Public Health and Wellbeing, School of Health and Social Wellbeing, College of Health, University of the West of England, Bristol BS16 1QY, UK

Prof. Dr. Caili Fu

Food Science and Technology Center, National University of Singapore Suzhou Research Institute, Suzhou 215123, China

Deadline for manuscript submissions:

31 January 2025

Message from the Guest Editors

Contemporary research underscores the critical role of functional foods in modulating inflammation and metabolism, which are pivotal factors in chronic disease management. This Special Issue of *Foods* seeks original research and comprehensive reviews that illuminate the impact of functional foods on health outcomes, with a specific focus on mechanisms such as inflammation regulation, metabolic pathways, and their collective influence on chronic diseases. We welcome contributions that elucidate the nuanced connections between functional foods and health, spanning diverse perspectives from molecular and cellular levels to broader clinical implications. We extend a cordial invitation for you to share your expertise and contribute to this Special Issue, fostering a collective understanding of how functional foods can play a pivotal role in regulating inflammation and metabolism for chronic disease management.



mdpi.com/si/194922

Special Issue



foods



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science,
Purdue University, West
Lafayette, IN, USA

2. Department of Comparative
Pathobiology (Courtesy), Purdue
University, West Lafayette, IN,
USA

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [FSTA](#), [AGRIS](#), [PubAg](#), and [other databases](#).

Journal Rank: JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

Contact Us

Foods Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/foods
foods@mdpi.com
[X@Foods_MDPI](https://twitter.com/Foods_MDPI)