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Qualitative and Nutritional Improvement of Cereal-Based Foods and Beverages

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Message from the Guest Editors

Cereal-based foods and beverages include a wide array of products, varying greatly from one geographic area to another. Increased consumer awareness of the effects of food on health has made nutritional improvement an important goal of the food and beverage industry, including the cereal sector, to ensure compliance with current nutrition and health claims regulations. This involves different strategies, and the development of more effective packaging and conditioning systems. All of these interventions, however, may alter the physico-chemical and sensory properties of final products, which, in turn, determine their quality. It is therefore necessary to achieve a balance between nutritional and quality modification, which does not exclude the possibility of communicating a “new quality” to consumers. This Special Issue is therefore open to all contributions aimed at exploring alternative ways to innovate and improve cereal-based foods and beverages, an old—if not ancient—group of products that are still on our table every day.



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Special Issue



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Message from the Editor-in-Chief

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