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Functional Foods with Intestinal and Metabolic Health Effects

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Message from the Guest Editors

Cardiovascular disease, diabetes mellitus, and chronic renal failure, collectively called cardiometabolic diseases, are major causes of morbidity and mortality around the world. These conditions often appear as a consequence of physiopathological changes associated with obesity and the metabolic syndrome. It is generally accepted that the adoption of a diet based on intelligent food choices constitutes one of the main lifestyle modifications that reduce cardiometabolic risk.

This Special Issue welcomes original research, literature reviews, and meta-analysis articles covering the characterization of traditional and novel functional ingredients, foods and mixed diets with cardiometabolic risk-reducing effect. We particularly invite papers addressing compositional aspects, in vitro and in vivo investigations of mechanisms of action, and efficacy evaluation in intervention studies. Articles dealing with beneficial effects of functional foods on energy intake regulation and cardiometabolic-related cognitive decline will also be considered.



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Special Issue



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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