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Functional Lipids in Marine Food

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Deadline for manuscript
submissions:

closed (30 December 2021)

Message from the Guest Editors

Many marine biomasses are rich in lipids, which are not found in land-based plants and animals or are only found in low levels. Examples include the well-known long-chain omega-3 polyunsaturated fatty acids EPA, DPA, and DHA, but there are many other lipid species present in marine organisms. Thus, some marine organisms contain fatty acids of even longer chain lengths than DHA (22:6 n-3) and other organisms contain high levels of phospholipids, sterols, sterol esters, waxes etc. The effects of such lipids in human nutrition are only partly understood. New applications of marine functional lipids as food ingredients, dietary supplements, or in medicine is another important research topic. Some lipids are difficult to extract and cannot be extracted by traditional techniques as those used for the production of fish meal and fish oil. Newer technologies such as supercritical CO₂ extraction are increasingly being used. Furthermore, many marine lipids are susceptible to lipid oxidation and other degradation processes. Strategies to protect them are therefore needed. New studies shedding light on the above issues are welcome in this Special Issue on Marine Functional Lipids.



mdpi.com/si/62338

Special Issue



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Message from the Editor-in-Chief

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