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## Phenolic Compounds in Herbs: Characterization, Antioxidant Properties and Health Benefits

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Deadline for manuscript submissions:

**closed (20 July 2021)**

### Message from the Guest Editors

Various phenolic compounds are known to exhibit chemopreventive properties (acting as antioxidant, anticarcinogenic, antimutagenic, or anti-inflammatory molecules). Spices and herbs are great sources of antioxidants for food and beverage preservation. In addition, consumers are increasingly favouring food products that contain natural ingredients because of concerns over adverse health effects of synthetic raw materials, particularly some synthetic antioxidants. Since herbs also exhibit variable medicinal properties, it is not surprising that in developing countries, most of the population depends upon the use of food rich in phenolics for health prevention and of herbal medicines for primary health care. Therefore, the fortification of foods with herb and spice components could help to provide nutritional and therapeutical value to functional products.

To achieve a more comprehensive understanding of the health benefits of phenolic compounds present in herbs and to facilitate their use for the improvement of food, the journal *Foods* now invites valuable contributions that report original observations as well as reviews on that topic.



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**Special** Issue



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## Message from the Editor-in-Chief

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