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The Recent Developments in Plant-Based Nutraceutical and Functional Foods

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Message from the Guest Editors

Dear Colleagues,

Nutraceuticals and functional foods are becoming increasingly popular in recent years. These foods possess bioactive compounds such as vitamins, minerals, phytochemicals, fibers that when ingested, promote in the human body health benefits like reduction in the chances of developing diseases such as cancer, diabetes, heart disease etc. Of late, several studies have been performed with the objective of deepening the knowledge on use of functional foods through research on obtaining new products, processes, and distribution conditions.

This special issue of *Foods* will focus on recent and latest researches in the area of nutraceutical and functional foods that present new developments, perspectives and innovative ideas on this topic in the coming years.

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Guest Editors



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Special Issue



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Message from the Editor-in-Chief

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