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Advanced Studies of Plant Sterol-Enriched Functional Foods

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Deadline for manuscript submissions:

closed (8 October 2021)

Message from the Guest Editors

Several foods (margarine spreads, yogurt, low-fat milk, fruit juices, and rye bread) can be enriched with plant sterols (PS) to provide them with cholesterol-lowering properties. In the last 20 years, the commercialization of these enriched products has increased, since several of their health claims have been accepted.

The main goal of this Special Issue is to provide new insights and data (original research and review articles) on the advances in different aspects related to PS-enriched foods. Original research and review articles are highly welcomed







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Message from the Editor-in-Chief

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