

Special Issue

Dietary Components, Health and Disease

Message from the Guest Editor

In recent years, more and more attention has been paid to the associations of dietary components with human health and diseases by regulating the different axes, such as diet-gut-brain axis, and diet-gut-liver axis. However, the composition of diets is quite complicated. Some components are beneficial to human health at the recommended dose, but they may be harmful to our health once the dietary intake is excessive. It is a challenge to keep a balance between the diversity/amount of diets and health maintenance / disease prevention. This Special Issue of the *Foods* is seeking research or review articles focusing on: functions of dietary components and supplements, in vivo or in vitro digestibility of dietary components, the impact of diets or supplements on health and disease.

Guest Editor

Prof. Dr. Chunbao Li

College of Food Science and Technology, Nanjing Agricultural University, Nanjing, Jiangsu, China

Deadline for manuscript submissions

closed (31 January 2022)



Foods

an Open Access Journal
by MDPI

Impact Factor 4.7
CiteScore 7.4
Indexed in PubMed



mdpi.com/si/61800

Foods

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
foods@mdpi.com

[mdpi.com/journal/
foods](https://mdpi.com/journal/foods)





Foods

an Open Access Journal
by MDPI

Impact Factor 4.7
CiteScore 7.4
Indexed in PubMed



[mdpi.com/journal/
foods](https://mdpi.com/journal/foods)



About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN, USA
2. Department of Comparative Pathobiology (Courtesy), Purdue University, West Lafayette, IN, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, FSTA, AGRIS, PubAg, and other databases.

Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.3 days after submission; acceptance to publication is undertaken in 2.8 days (median values for papers published in this journal in the first half of 2024).