

Special Issue

Functional Food and Safety Evaluation

Message from the Guest Editors

Dear Colleagues, Natural ingredients from foods have been found to be effective in terms of promoting health and preventing diseases, which is why different cultures commonly use natural ingredients to maintain physical well-being and reduce the risk of chronic diseases. The popularity of using functional foods to promote health is increasing, and the global functional food market has expanded in recent decades. Further in-depth research on the mechanistic pathways and safety evaluation of functional foods could encourage functional food producers to develop high-quality products for consumers. Potential topics of interest in this Special Issue include but are not limited to (i) mechanistic studies on food functional ingredients; (ii) clinical evaluation of functional foods; and (iii) risk–benefit assessment of functional foods. The submission of original research articles, reviews, and short communications is welcomed.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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