



forests



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The Healing Power of Forests

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Message from the Guest Editors

Dear Colleagues,

Human life has been intricately intertwined with forest activities ever since our ancestors roamed out of woods for subsistence. Nowadays, the bulk of human activities are carried out in urban settings, but forest land is still indispensable as a depot for natural resources, a habitat for wildlife, a sink for wider ecosystems, and an alternative setting for would-be naturalists.

In fact, more people are rediscovering life nearby or in the forest as wholesome and even desirable. We are now in the process of redefining activities in forests as 'bathing', 'healing', or even 'therapy', depending on how and what from the forest we can incorporate into our life.

Here, we are planning a Special Issue, titled 'The Healing Power of Forests' to look back upon our positions in this period of tumultuous change in the perspectives on sustainable or wholesome nature. All works pertaining to health and well-being from forest experiences will be relevant to this Special Issue. We hope that an active exchange of ideas will help us to reveal where we are now and where we are heading next.



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Special Issue



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