



Forest Utilization—Recreation and Leisure Development

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Message from the Guest Editors

Green areas, including forests and urban forests, play a crucial role in the well-being of residents, serving as spaces for diverse activities that foster social cohesion. Interdisciplinary research highlights the link between physical activity, quality of life, and forests. Designing sustainable urban areas with accessible forests is crucial for the health and development of cities. Shaping urban forests stimulates the senses, positively impacting health. Research focuses on identifying forest infrastructure elements that support physical activity and spending time outdoors, which is crucial for preventive public health measures. This Special Issue aims to present the latest advancements in research on people's interaction with forests and their impact on well-being. It also focuses on providing selected contributions regarding forest management and forest economy planning, taking into account the expectations of external stakeholders.

Potential topics include, but are not limited to, the following:

- Forest utilization;
- Recreation and leisure development;
- Urban forests;
- Forests and well-being;
- Forest recreation preferences;
- Urban forest utilization;





forests



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Message from the Editorial Board

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