



forests



an Open Access Journal by MDPI

Forest, Trees, Human Health and Wellbeing

Guest Editors:

Prof. Dr. Anna Maria Palsdottir

Department of People and Society, Swedish University of Agricultural Sciences, 234 22 Lomma, Alnarp, Sweden

Prof. Dr. Patrik Grahn

Dept. of People and Society, Swedish University of Agricultural Sciences (SLU), P.O.Box 190, 234 22 Lomma, Sweden

Dr. Jonathan Stoltz

Dept. of People and Society, Swedish University of Agricultural Sciences (SLU), P.O.Box 190, 234 22 Lomma, Sweden

Deadline for manuscript submissions:

closed (31 March 2024)

Message from the Guest Editors

Forest and trees are essential not only for their ecological and economical values, but also for human health and wellbeing. There can be psychological, physiological and social benefits from both direct and indirect contact. This Special Issue presents up-to-date research on how forests and trees can support people's health and wellbeing through prevention, promotion or interventions. It aims to gather systematic reviews and meta-analyses on the topic, study protocols, theoretical and/or conceptual papers as well as empirical studies. The study design may vary from randomized controlled trials, longitudinal studies, case studies and evaluation of best practices. Papers can focus on how forest environments or trees can support affordances, activities or experiences in support of human health and wellbeing. The papers can explore these topics from both the perspective of the individual or from a broader societal perspective. The focus of this Special Issue will be on health-promoting mechanisms that are mediated via the direct perception or interaction with trees and forest environments, rather than on purely physically mediated effects.



mdpi.com/si/127619

Special Issue



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Cate Macinnis-Ng

Department of Biological Sciences, Faculty of Science, University of Auckland, Private Bag 92019, Auckland 1142, New Zealand

Prof. Dr. Giacomo Alessandro Gerosa

Department of Mathematics and Physics, Catholic University of Brescia, I-25121 Brescia, Italy

Message from the Editorial Board

Forests (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access.

Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), Ei Compendex, GEOBASE, PubAg, AGRIS, PaperChem, and other databases.

Journal Rank: JCR - Q1 (Forestry) / CiteScore - Q1 (Forestry)

Contact Us

Forests Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/forests
forests@mdpi.com
X@Forests_MDPI