



## Health and Disease in Frail Older Individuals: Assessment and Management in Clinical Practice

Guest Editors:

**Dr. Märta Sund Levander**

Department of Nursing, Faculty of Medicine, Linköping University, Linköping, Sweden

**Dr. Ewa Grodzinsky**

Medical Faculty, Department of Biomedical and Clinical Science, Linköping University, 58183 Linköping, Sweden

Deadline for manuscript submissions:

**closed (30 November 2023)**

### Message from the Guest Editors

Aging and frailty entail an increased risk of co-morbidity, diseases related to chronic inflammatory processes, and impaired physical and cognitive ability. Combined with the presentation of non-specific signs and symptoms, it is a challenge to detect deteriorating health in frail older people.

Precision medicine aims to provide care and treatment according to individual conditions and needs, and aims to deliver the most effective treatment for a given patient and thus improve the quality of care. To enhance the efficacy of precision medicine and health it is necessary to interpret vital parameters and biomarkers based on individuals' normal ranges. To detect changes in the health status of frail older people early on, there is an urgent need to clarify the ways in which vital parameters and biomarkers related to ageing and frailty might be interpreted. This Special Issue will focus on topics that are essential to improving the process of assessing the health condition of frail older people in clinical practice.





an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. Ralf Lobmann

Department of Endocrinology,  
Diabetology and Geriatrics,  
Clinical Centre Stuttgart -  
Katharinenhospital,  
Kriegsbergstrasse 60, D70174  
Stuttgart, Germany

## Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

## Author Benefits

**Open Access:**— free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** CiteScore - Q2 (*Health (Social Science)*)

## Contact Us

---

*Geriatrics* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/geriatrics  
geriatrics@mdpi.com  
X@Geriatrics\_MDPI