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Impact of Physical Activity on Chronic Diseases

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Message from the Guest Editor

The aim of this Special Issue is to provide an updated overview of the influence of physical exercise on different chronic diseases with a focus on prevention, as well as new and emerging issues, and to explore the promotion of physical exercise as a non-pharmacological treatment of disease.

In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following: reliability studies, validity studies, correlational studies, observational studies, study protocols, longitudinal studies, cross-sectional studies, case reports, qualitative studies, discourse analysis studies, bibliometric reviews, narrative reviews, scoping reviews, systematic reviews, and meta-analyses.



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Message from the Editor-in-Chief

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