



Measuring Biomechanical Loads in Sports and Physical Activity

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Message from the Guest Editor

Dear Colleagues,

As physical well-being has become an important issue after the outbreak of COVID-19, sports and physical activity are being greatly promoted to the general population. Proper exercise intensity and injury prevention are of concern for enhancing the amount of sports and physical activity people partake in.

Biomechanical loads are important qualitative measurements on exercise loading and the stress on our body. For example, exercise intensity and frequency are highly correlated to bony stress fractures. Accordingly, this Special Issue seeks empirical and practical studies that consider the methodology and application of measuring “Biomechanical Loads in Sports and Physical Activity”, on topics including, but not limited to:

- Methodology on measuring body and joint loads;
- Application of sensors for real-time biomechanical measurement;
- Data interpretation on biomechanical feedback;
- Monitoring on daily physical activity;
- Other.

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Editor-in-Chief

Message from the Editor-in-Chief

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