





an Open Access Journal by MDPI

# Physical and Mental Health Interactions: An Integral Approach to a Bidirectional Relationship

Guest Editors:

#### Dr. Athanassios Tselebis

Psychiatric Department Sotiria Thoracic Diseases Hospital of Athens, 11527 Athens, Greece

## Dr. Argyro Pachi

Psychiatric Department "Sotiria" Thoracic Diseases Hospital of Athens, 11527 Athens, Greece

#### Dr. Ioannis Ilias

Department of Endocrinology Hippocration General Hospital of Athens, 11527 Athens, Greece

Deadline for manuscript submissions:

30 April 2025

## **Message from the Guest Editors**

Dear Colleagues,

The relationship between physical and mental health is complex and inextricably linked. Uncovering the potential pathways that provide evidence for bidirectional causality and understanding the common risk factors that shape individual vulnerability and/or resilience could increase recognition of the importance of integrated care.

This Special Issue explores the diverse aspects of physical and mental health interactions, identifying how physical health conditions affect mental well-being and vice versa, and highlights the importance of an integrated approach to address these interactions for improved overall health outcomes.

The purpose of this Special Issue is to gather research articles, reviews, and/or meta-analyses on psychological problems in patients with physical health conditions and physical illness in patients with mental disorders, including other studies related to health psychology, behavioral medicine, and consultation-liaison psychiatry.

Dr. Athanassios Tselebis Dr. Argyro Pachi Dr. Ioannis Ilias Guest Editors













an Open Access Journal by MDPI

## **Editor-in-Chief**

## **Message from the Editor-in-Chief**

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

## **Author Benefits**

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** JCR - Q2 (*Health Care Sciences and Services*) / CiteScore - Q2 (*Leadership and Management*)

### **Contact Us**