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## Strategies for Improving Psychological Well-Being from a Biobehavioral Perspective

Guest Editor:

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Deadline for manuscript  
submissions:

**closed (1 February 2024)**

### Message from the Guest Editor

The pandemic has both exacerbated and highlighted the fragility of mental health and wellness in our society. This special issue of Healthcare is dedicated to elucidating contemporary and historical underlying factors driving threats to mental health and wellness. Topics for consideration include but are not limited to: 1) Effects of structural racism on well-being, 2) Post-pandemic depression, 3) Impact of depression on daily functioning, 4) Wellness strategies for returning to work, 5) Familial responses to children and adolescent anxiety, 6) The use of telemedicine approaches to manage wellbeing, 7) Institutional (e.g., government, school based, community based) interventions to stem feelings of isolation and loneliness and to build social cohesive communities, 8) Mental health co-morbidity in families, schools, and communities. Original research, short reports, reviews and opinion papers are encouraged to submit manuscripts for consideration. We look forward to receiving your contributions.



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# Special Issue



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## Editor-in-Chief

## Message from the Editor-in-Chief

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