Exercise Physiology and Its Performance in Health and Disease

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Message from the Guest Editors

From a multidisciplinary approach originating from disciplines such as physiology, physical activity and sports sciences, nutrition, medicine, biology, and biochemistry, among others, this Special Issue aims to include articles that delve into the knowledge of physiological mechanisms through which physical activity or exercise improves health prevents certain diseases and regulates the pathophysiology of different diseases.

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Special Issue

Editor-in-Chief

Message from the Editor-in-Chief

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