



## The Role of Physical Activity on Cancer Patients' and Survivors' Health-Related Quality of Life

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### Message from the Guest Editors

Dear Colleagues,

Cancer is one of the leading causes of death worldwide, and the number of people living with or beyond cancer is expected to rise due to screening campaigns and advancements in treatments. Recently, physical activity has been included in integrative therapy either immediately after a cancer diagnosis or in the early steps post surgery because of its ability to improve survival outcomes. Moreover, physical activity might have substantial potential to ameliorate the short- and long-term effects of cancer treatments, such as fatigue, body fat gain, and physical fitness loss. Moreover, adapted exercise can help prevent the development of other chronic diseases for which survivors might be at risk, such as diabetes and CVD, reducing the odds of a recurrence and increasing survival.

We are pleased to invite you to provide research about the role of exercise and physical activity on primary and tertiary cancer prevention, focusing on the improvement of patients' health-related quality of life through ameliorating the short- and long-term effects of cancer treatments.

We look forward to receiving your contributions.

Dr. Elisa Grazioli

Dr. Claudia Cerulli





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## Message from the Editor-in-Chief

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