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Effects of Physical Activity on Physical and Psychological Health

Guest Editor:

Dr. Weiyun Chen

School of Kinesiology, University
of Michigan, Ann Arbor, MI 48109,
USA

Deadline for manuscript
submissions:

closed (2 December 2024)

Message from the Guest Editor

This Special Issue invites investigators to examine the effects of PA on physical and psychological health among populations from different backgrounds with or without chronic health conditions across their lifespans by contributing original research and review articles. Investigators will contribute to addressing the following, but not limited to, potential topics:

- Examining an association of varied types and intensity levels of physical activity with specific physical health and/or psychological health for a targeted population with or without chronic conditions.
- Identifying the mediators and/or moderators of a relationship between physical activity and physical and/or psychological health for a targeted population.
- Examining the effects of innovative physical activity interventions on improving and/or maintaining specific physical and/or psychological health among a targeted population.
- Examining the effects of technology-enhanced/integrated physical activity interventions on improving specific physical and/or psychological health for a targeted population.



mdpi.com/si/176368

Special Issue



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Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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Healthcare Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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