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Towards Holistic Healthcare: Advancing Nursing and Medical Education

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Deadline for manuscript submissions:

closed (31 December 2025)

Message from the Guest Editors

Dear Colleagues,

The Special Issue on issues of 'Towards Holistic Healthcare: Advancing Nursing and Medical Education' in holistic healthcare is dedicated to exploring the comorbidity of physical and psychiatric disorders in patients. The aim is to highlight the biopsychosocial model, according to which biological, psychological, and social parameters influence the predisposition, onset, course, and prognosis of most diseases. Many patients admitted to medical wards have co-occurring mental health issues, such as delirium, anxiety, depression, and dementia. Unfortunately, a number of critically ill people remain untreated in hospitals due to unrecognized mental health issues, while the presence of psychological problems or psychiatric disorders is particularly common in chronic illness. When mental and physical illnesses coexist, this can result in worse health outcomes, longer hospital stays and more in-patient resources used, involvement from other related health services, prescription drug introduction, and discharge to long-term facilities.

Dr. Polyxeni Mangoulia
Prof. Dr. Pavlos M. Myrianthefs
Guest Editors



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Special Issue



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Message from the Editor-in-Chief

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Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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