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Towards Holistic Healthcare: Advancing Nursing and Medical Education

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Message from the Guest Editors

Dear Colleagues,

The Special Issue on issues of 'Towards Holistic Healthcare: Advancing Nursing and Medical Education' in holistic healthcare is dedicated to exploring the comorbidity of physical and psychiatric disorders in patients. The aim is to highlight the biopsychosocial model, according to which biological, psychological, and social parameters influence the predisposition, onset, course, and prognosis of most diseases. Many patients admitted to medical wards have co-occurring mental health issues, such as delirium, anxiety, depression, and dementia. Unfortunately, a number of critically ill people remain untreated in hospitals due to unrecognized mental health issues, while the presence of psychological problems or psychiatric disorders is particularly common in chronic illness. When mental and physical illnesses coexist, this can result in worse health outcomes, longer hospital stays and more inpatient resources used, involvement from other related health services, prescription drug introduction, and discharge to long-term facilities.

Dr. Polyxeni Mangoulia Prof. Dr. Pavlos M. Myrianthefs Guest Editors



Specialsue









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Editor-in-Chief

Message from the Editor-in-Chief

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