



Advances in Physical Therapy: Rehabilitation, Therapeutic Exercise and Promotion of Quality of Life

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Deadline for manuscript
submissions:

25 November 2024

Message from the Guest Editor

Physiotherapy is currently one of the fastest growing areas in healthcare systems, while rehabilitation is being modernized in many areas, such as neurology, cardiology, rheumatology, and traumatology. The implementation of new systems and protocols is an unstoppable advance; however, these clinical advances require a high level of evidence, so it is necessary to publish results that validate the new interventions. Exercise, telerehabilitation, virtual reality systems, and the new pain paradigm are some of the areas of greatest impact today. This Special Issue aims to provide an overview of recent advances in the field of rehabilitation and to discuss clinical challenges related to pathophysiology, risk factors, diagnostic management, cost-effective approaches to interventions, treatment efficacy, innovative clinical perspectives, and the development of new rehabilitation protocols. Researchers in the field are encouraged to submit an original article or review for this Special Issue.

- Exercise therapy
- Telerehabilitation
- New trends in rehabilitation
- Pain management
- Neurology
- Rheumatology
- Musculoskeletal
- Manipulations
- Cost-effectiveness





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Editor-in-Chief

Message from the Editor-in-Chief

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