



## Living with Multimorbidity—from Current Prevention Strategies to Personalized Care

Guest Editors:

**Dr. João Pedro Gregório**

CBIOS-Research Center for Biosciences & Health Technologies, Universidade Lusófona de Humanidades e Tecnologias, 1749-024 Lisboa, Portugal

**Dr. Cíntia Ferreira-Pêgo**

CBIOS-Universidade Lusófona's Research Center for Biosciences & Health Technologies, Campo Grande 376, 1749-024 Lisboa, Portugal

**Dr. Regina Menezes**

CBIOS-Research Center for Biosciences and Health Technologies, Universidade Lusófona, Campo Grande 376, 1749-024 Lisboa, Portugal

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### Message from the Guest Editors

Dear Colleagues,

Health systems worldwide are being challenged by the increasing prevalence of multimorbidity. Multimorbidity is the co-occurrence of multiple chronic conditions in one person. Multimorbidity is associated with increased healthcare costs, and people living with multimorbidity experience poorer clinical outcomes (increased mortality, poorer quality of life, more disability), disruptions to their personal and social lives, and a greater financial burden.

There is uncertainty about how to best provide care to patients with multimorbidity. A patient-centered approach that shifts from vertical management of disease to a longitudinal model has been touted as beneficial for patients with multimorbidity and may give them the opportunity to express their concerns and expectations regarding healthcare. However, a trend to personalized care and prevention strategies is appearing, supported by technologies and other lifestyle interventions.

Researchers are invited to submit original research articles, using any study design, including case studies, implementation/interventional studies, cohort studies, cross-sectional studies, as well as reviews and meta-analyses.



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## Editor-in-Chief

## Message from the Editor-in-Chief

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Healthcare Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

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