



healthcare



an Open Access Journal by MDPI

Digital Addiction vs. Digital Wellbeing: The Design as a Promoter, the Design as a Deterrent

Guest Editors:

Prof. Raian Ali

Information and Computing
Technology Division, College of
Science and Engineering, Hamad
Bin Khalifa University, Doha,
Qatar

Prof. Dr. John McAlaney

Faculty of Science and
Technology, Bournemouth
University, Bournemouth BH12
5BB, UK

Deadline for manuscript
submissions:
closed (28 February 2021)

Message from the Guest Editors

Recent research has shown that negative experiences can be associated with certain usage styles of social and digital media. While the range of underlying reasons for that problematic experience can be wide, we argue that digital media design can be seen as one of the contributors, e.g., through notification and interactive designs. At the same time, and unlike other mediums known for their addictive nature, such as alcohol and tobacco, digital media have an unprecedented ability to monitor usage and deliver prevention and intervention strategies in a personalised, real time and intelligent style. As such digital technologies also provide new opportunities to promote wellbeing in ways which were not previously feasible.

In this Special Issue, we are looking for both conceptual and technical papers. We welcome literature review and theoretical papers around the concepts of digital wellbeing and digital addiction and the role of digital media design in triggering problematic usage and potentially helping to regulate it. We also welcome studies around the dual role digital media design can play, both as a promoter for digital wellbeing and as a deterrent of it.



mdpi.com/si/39976

Special Issue



an Open Access Journal by MDPI

Editor-in-Chief

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank: JCR - Q2 (*Health Care Sciences and Services*) / CiteScore - Q2 (*Leadership and Management*)

Contact Us

Healthcare Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/healthcare
healthcare@mdpi.com
[X@HealthcareMDPI_](https://twitter.com/HealthcareMDPI_)