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Nutrition in Patient Care

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Message from the Guest Editors

Dear Colleagues,

Nutrition plays a crucial role in patient care, influencing overall health and recovery. A well-balanced and individualized diet is integral for supporting the body's immune system, promoting tissue repair and maintaining optimal energy levels. In hospitalized patients, adequate nutrition is vital as it aids in the prevention of malnutrition and enhances the effectiveness of medical treatments.

Nutritional support becomes paramount in managing chronic conditions, post-surgery recovery and the duration of an illness. Proper nutrition contributes to faster healing, reducing the risk of complications and improving the patient's quality of life. Additionally, it plays a key role in managing chronic diseases such as diabetes, cardiovascular disease and gastrointestinal disorders.

The aim of this Special Issue is to provide updated information on the integration of nutrition into patient care, and optimizing health outcomes, enhancing recovery and preventing complications. We hope to provide healthcare professionals with up-to-date data on the holistic approach to healthcare, recognizing the interconnectedness of diet, wellness and the body's ability to heal.



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Editor-in-Chief

Message from the Editor-in-Chief

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