



## Psychological and Cognitive Well-Being: Prevention, Risk Factors and Planned Intervention throughout the Lifespan

Guest Editors:

**Dr. Giulia Fusi**

Department of Human and Social Sciences, University of Bergamo, 24129 Bergamo, Italy

**Dr. Barbara Colombo**

Behavioral Neuroscience Lab, Champlain College, Burlington, VT 05401, USA

Deadline for manuscript submissions:

**closed (31 July 2024)**

### Message from the Guest Editors

It is our pleasure to introduce this *Healthcare* Special Issue entitled “Psychological and Cognitive Well-Being: Prevention, Risk Factors and Planned Intervention throughout the Lifespan”.

Studies investigating these variables and their relationships, or the underlying psychophysiological processes, are of relevance for this Special Issue. Studies can thus encompass, but are not limited to, the following:

1. Preventive or risk factors for cognitive and psychological wellbeing.
2. The relationship between well-being and different genetic, psychological, cognitive and clinical variables.
3. Intervention studies aimed at enhancing cognitive or psychological well-being.
4. Neuroscientific approaches to investigate mechanisms related to CR or brain resilience, including behavioral, structural (volume; white matter tract integrity) or functional (resting-state or activation fMRI studies, metabolism) imaging studies.





an Open Access Journal by MDPI

## Editor-in-Chief

## Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** JCR - Q2 (*Health Care Sciences and Services*) / CiteScore - Q2 (*Leadership and Management*)

## Contact Us

---

Healthcare Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/healthcare](http://mdpi.com/journal/healthcare)  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)  
[X@HealthcareMDPI\\_](https://twitter.com/HealthcareMDPI_)