



healthcare



an Open Access Journal by MDPI

Physical Activity and Rehabilitation Practice

Guest Editor:

Dr. Masashi Kanai

Department of Physical Therapy,
Faculty of Nursing and
Rehabilitation, Konan Women's
University, Kobe 658-0001, Japan

Deadline for manuscript
submissions:

closed (31 December 2022)

Message from the Guest Editor

Physical inactivity has been reported as one of the risk factors for all-cause mortality. For this reason, increasing physical activity and reducing sedentary behavior are recommended for all populations including older adults and chronic conditions, for prevention. However, only few subjects engaged in rehabilitation settings can meet the recommendations regarding physical activity. In addition, one of the problems is that intervention guidelines and methods for measuring physical activity have not been established for some chronic diseases. Thus, the aim of this Special Issue is to establish effective strategies and validated measurements for physical activity in rehabilitation practice.



mdpi.com/si/104445

Special Issue



an Open Access Journal by MDPI

Editor-in-Chief

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank: JCR - Q2 (*Health Care Sciences and Services*) / CiteScore - Q2 (*Leadership and Management*)

Contact Us

Healthcare Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/healthcare
healthcare@mdpi.com
[X@HealthcareMDPI_](https://twitter.com/HealthcareMDPI_)