



Psychology in Sex and Gender

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Sexuality is a central aspect in all of our lives. When we talk about sex, we are talking about a myriad of meanings, expressions, emotions, bodies, beliefs, and stereotypes that are constantly evolving over time and space.

Today, it has become even more important to investigate sexual health in an operational form, with a greater positivity and openness (as well as scientific curiosity) towards these issues. The possibility of de-pathologizing certain expressions and including concepts such as fluidity, non-binarism and consent offers an extraordinary opportunity to renew healthcare science, to make it more real, effective and, above all, close to the patient's needs and wishes.

In this sense, the aim of the Special Issue is to gather new research of any kind (e.g., reviews, meta-analyses, original studies) that have as a key theme the study of (part of) the complex interaction between psychology, sex and gender in their investigations for the improvement of health and quality of life, both in terms of prevention and treatment.

Dr. Filippo Maria Nimbi

Guest Editor





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Editor-in-Chief

Message from the Editor-in-Chief

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