



The Role of Dietary Macronutrients and Micronutrients in the Occurrence and Development of Cardiovascular Diseases

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Message from the Guest Editors

Dear Colleagues,

Cardiovascular diseases (CVD) are still the most common causes of death worldwide. So, reducing the incidence of CVD and subsequently reducing disease burden is of high public health importance. Dietary factor, as a modifiable lifestyle factor, is thought to be greatly linked to the occurrence and development of CVD. A balanced diet provides humans with reasonable macronutrients and micronutrients, which are essential for the body's metabolism, while an unhealthy diet has been shown to increase the risk of CVD.

The present Special Issue intends to update the knowledge base and provide readers with a vast array of research seeking to help elucidate the roles of dietary macronutrients and micronutrients in the occurrence and development of CVD. Both original research and reviews (systematic or meta-analysis) will be accepted.





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Message from the Editor-in-Chief

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