



## Physical Activity in Vulnerable Groups

Guest Editor:

### Dr. Ali Kapan

Department of Social and Preventive Medicine, Centre for Public Health, Medical University of Vienna, 1080 Vienna, Austria

Deadline for manuscript submissions:

**31 December 2024**

### Message from the Guest Editor

Dear Colleagues,

We all acknowledge that maintaining a high level of physical activity is crucial for the health and overall wellbeing of individuals, particularly for those identified as vulnerable groups.

This Special Issue seeks to further our understanding on how physical activity affects health and wellbeing within vulnerable populations. We invite submissions that delve into (I) intervention studies that examine the changes in health status and physical activity levels following the implementation of specific strategies or programs, (II) cross-sectional studies that examine the relationship between physical activity and various health indicators in vulnerable groups, and (III) methodological papers detailing the development and validation of instruments used to measure physical activity in these populations to aid in refining our assessment methods.





an Open Access Journal by MDPI

## Editor-in-Chief

## Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** JCR - Q2 (*Health Care Sciences and Services*) / CiteScore - Q2 (*Leadership and Management*)

## Contact Us

---

Healthcare Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/healthcare](http://mdpi.com/journal/healthcare)  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)  
[X@HealthcareMDPI\\_](https://twitter.com/HealthcareMDPI_)