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## Sports Supplements and Athletic Performance

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Deadline for manuscript  
submissions:

**closed (30 September 2022)**

### Message from the Guest Editor

For this Special Issue in *Healthcare*, we especially welcome studies carried out in athletes population involving the following topics:

- Theory and practice of competitive sports training;
- Strength and conditioning in sports;
- Technical and tactical preparation in sport and its influence on sports performance;
- Ways of training and performance analysis;
- Analysis of current performance trends in sport and exercise;
- Technological support of athletes performance;
- Dietary Supplements for Exercise and Athletic Performance;
- Supplementation in sports: enhancing performance and recovery;
- The role of nutritional supplements in the prevention and treatment of resistance exercise-induced skeletal muscle injury;



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## Editor-in-Chief

## Message from the Editor-in-Chief

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