



healthcare



an Open Access Journal by MDPI

Towards a Psychosociopolitical Approach to Mental Health: Individual and Societal Determinants of Mental Illness and Health in Adults

Guest Editors:

Dr. Sérgio Carvalho

Center for Research in Neuropsychology and Cognitive and Behavioral Intervention (CINEICC), Faculty of Psychology and Education Sciences, University of Coimbra, 3004-504 Coimbra, Portugal

Dr. Teresa Forte

Center for Research in Neuropsychology and Cognitive and Behavioral Intervention (CINEICC), Faculty of Psychology and Education Sciences, University of Coimbra, 3004-504 Coimbra, Portugal

Deadline for manuscript submissions:

closed (30 June 2025)

Message from the Guest Editors

Mental health is determined by the interaction and/or compounding effects of multi-level factors, including individual; interpersonal and structural sociopolitical. Additionally, individual beliefs on mental health and illness, on evidence-based mental health solutions, as well as social representations of mental health and illness, contribute to individuals' knowledge and/or perceptions of available mental health resources, and to their attitude towards mental health care professionals and services.

With this Special Issue, we aim to contribute to a multi-level and socio-ecological understanding of mental health and illness, and the associated protective and risk factors. Studies that are conducted within a biopsychosocial framework, and integrate neurobiophysiological correlates of psychological processes and mental health indicators, are encouraged, as are studies adopting a socio-ecological approach to the mental health of individuals from minoritized communities.



mdpi.com/si/207554

Special Issue



an Open Access Journal by MDPI

Editor-in-Chief

**Prof. Dr. Lorraine S.
Evangelista**

Sue & Bill Gross School of
Nursing, University of California,
Irvine, CA 92697, USA

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank: JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Contact Us

Healthcare Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/healthcare
healthcare@mdpi.com
[X@HealthcareMDPI_](https://twitter.com/HealthcareMDPI_)